

Governor to cut ribbon at JCC Fitness Center

(KLZA)-- On Friday, Governor Pete Ricketts; Jake Steinfeld, Chairman of the National Foundation for Governors' Fitness Councils ; dignitaries; and students will cut the ribbon on Johnson County Central Schools' new DON'T QUIT! Fitness Center in Cook Friday morning.

The event will be held at the Johnson County Central Middle School in Cook from 8:30 – 9:30 a.m.

Johnson County Central Middle School was one of three Nebraska schools selected as the state's most outstanding schools for demonstrating leadership in getting and keeping their students fit. The other two winning schools were Gothenburg Elementary in Gothenburg and Millard North Middle School in Omaha.

Each fitness center is financed through public/private partnerships with companies like The Coca-Cola Company, Healthy Blue's Affiliated Foundation, Wheels Up, and Nike, and does not rely on taxpayer dollars or state funding. My Fitness Store Commercial provides all the fitness equipment. The NFGFC's goal is to build a nation of the fittest, healthiest kids in the world.

The Governor and others will deliver brief remarks before signing a proclamation to declare October as "DON'T QUIT Fitness Month." During DON'T QUIT! Fitness Month, families and communities are encouraged to renew their commitment to making physical activity and healthy eating part of their children's daily lives.

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