February Is Bake for Family Fun Month

February is known for several things, but did you know that it is also designated as Bake for Family Fun Month by the Home Baking Association. Build new traditions by sharing the goodness of baking with your family.

The Home Baking Association has developed lessons, recipes and videos to help teach skills of baking. Materials are divided up into four weeks of classes. Recipes are for the beginner, intermediate and advanced baker. This would be some great project meeting ideas for 4-H Foods leaders, FCS Teachers or anyone wanting to teach baking skills to their family members or other youth.

Besides baking bread, making homemade pizza is a fun family activity. The bonus is the time and money savings of about half the time and cost when making it at home. Another bonus is the control of ingredients to make a healthier pizza. According to the USDA, Americans spend \$37 billion a year on pizza.

Contact me at 785.863.2212 to learn more about the Home Baking Association and what resources they have available.