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#### Health And Wellness Program in Peru on Wednesday

(KLZA) Peru State College's Wellness Coalition will host a Health and Wellness Fair from 3-7 p.m. Wednesday, April 17 in the Al Wheeler Activity Center. The event is free and open to the public.

Informational and interactive booths will be set up on topics like drug abuse, second-hand smoke, stress and suicide, artificial energy and more. There will be drawings for a variety of door prizes, including a Top Chef microwave. A healthy evening meal will be available for attendees.

Student Coordinator Kristen Bodyk, a senior exercise science major from Ontario, Canada, said, "This event is designed to educate other students and people in our community about living healthy. It's a fun, hands-on way to help educate our fellow students and neighbors about the benefits of exercise, eating right and the resources available in our community. We are excited to host the event again this year and hope to welcome a lot of people to campus."

For additional information, contact Associate Professor of Education Dr. Ellie Kunkel at [ekunkel@peru.edu](mailto:ekunkel@peru.edu) or 402-872-2392 or Bodyk at [krbodyk@campus.peru.edu](mailto:krbodyk@campus.peru.edu).

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