Pleasant Ridge Boys & Jeff Co. North Girls win DVL League Track
Delaware Valley League schools meet up in McLouth, yesterday for this year's DVL track meet and
it was the Pleasant Ridge Ram boys and the Jefferson County North Charger girls win their
respective league team crowns. Overall combining both the boys and girls finishes on the day
Jefferson County North, Riverside and Pleasant Ridge enjoyed the best days. As the Charger girls
took first and the boys second, while the Cylcones of Riverside boys took third and girls second and
the Pleasant Ridge girls and boys took fourth and first, respectively. Chargers finished with the most
first place finishes combined with nine, the Cylcones were only one behind at eight and the Rams
tallied six.

For the boys competitions it was Pleasant Ridge taking first place as a team winning six of the 18 events on the day totaling 105 points. Jefferson County North and Riverside each finished with 94 team points, but finished second and third, respectively based on tie breaker. The rest of the team standings finished like so: 4th McLouth (66), 5th Horton (50), 6th KC Christian (48), 7th ACCHS (23), 8th Valley Falls (21), 9th Oskaloosa (20), 10th Jackson Heights (14), 11th Doniphan West (10), 12th Immaculata (9), 13th Maur-Hill Mount Academy (4) and 13th Troy.

It was the Rams running away with the most first place finishes, with three other boys squads notching three event winners in the boys competitions. Pleasant Ridge's, Cody Heim won the most events of any individual boy competitor of the day, taking home three frist place finishes, as he won the 800-meter run (2:00.96), the high jump (6'-5") and the javelin throw (167'-7"). It was the Rams relay team and Brandom Heim who accounted for the three other first place finishes for Pleasant Ridge, with the Relay team winning the 4x100 (44.61) and 4x400-meter relay (3:30.46).

Riverside, Horton and Jefferson County North were the three teams who each won first places. For the Cylcones it was Dylan Poirer securing all those first place sweeping the 110 (15.40) and 300-meter hurdle (40.74) titles, then jumped into the field competitions and won the pole vault (16'-6"). It was Dallas Edwards and the Jefferson County North relay team accounting for the Chargers three frist place finishes; Edwards paced his way to wins in the 1600 (4:33.39) and 3200-meter runs (10:26.96), while the Relay team won the 4x800-meter relay (9:00.83). Horton's three first place finishes came at the hands of Jacob Lott and Marcus Platt. Lott threw his way to wins in the shot put (51'-9") and discus throw (167'-5.5"), while Platt leapt to a win in the long jump (20'-5.5").

Other event winners in the boys competitions were: Dakota Cop (McLouth) won the triple jump (41'-8") and Dalton Ricketts (Oskaloosa) who sprinted to victories in the 100 (11.52) and 200-meter (23.36) dashes.

It was the Charger girls of Jefferson County North who charged their way the team title tallying 154 total points, 41 points ahead of second place finishers in the Riverside Cylclones, who tallied 113 points. It was a big drop off in points after those two teams as KC Christian came in third with 49 total points. The rest of the team standings finished like so: 4th Pleasant Ridge (49), 5th ACCHS (38), 6th McLouth (32), 7th Oskaloosa (29), 8th Horton (24), 9th Maur-Hill Mount Academy (22), 10th Valley Falls (16), 11th Immaculata (15), 12th Jackson Heights (9), 13th Doniphan West (7) and 14th Troy.

It was Jefferson County North and Riverside dominating in the girl's competitions taking 11 of the 18 events between the two schools. For the Chargers they ran their way to a sweep of the relay races, winning the 4x100 (52.71), 4x400 (4:18.52) and 4x800-meter relay (10:26.11). They other three first

place finishes for Jefferson County North came by Jacee Kramer, Hannah Twenhafel and Heather Polson. Kramer won the javelin (108'-6"), Twenhafel won the 300-meter hurdles (49.11) and Polson won the high jump crown (5'-4"). Riverside girl's team saw the most dominating individual performance of the day at the DVL track meet, as Connor Schultz won four events, two on the track and two in the field. Schultz ran her way to wins in the 400-meter dash (1:00.86) and the 800-meter run (2:34.33), while leaping to wins in the long jump (16'-4.75") and triple jump (35'-11.25").

Other event winners in the girls competitions were: Sarah Mullins (MH-MA) won the 100-meter dash (13.42); Danielle Schmidt (Immaculata) won the 200-meter dash (27.68); Allie Simonin (Riverside) won the 100-meter hurdles (16.90); Leah Murata (Horton) won both the 1600 (5:28.74) and 3200-meter (12:01.92) runs; Ko Savannah (KC Christian) won the pole vault (9'-3") and Jordan Miller (Oskaloosa) tossed her way to wins in the shot put (39'-8") and discus throw (125'-9").

Full results from the DVL track meet can be seen below:

