Health Fair Saturday in Seneca

The Nemaha Valley Community Hospital and Seneca Family Practice will hold their annual Health Fair in Seneca Saturday.

The Health Fair will take place Saturday morning from 8 to 11 at the Nemaha County Community building.

Donna Zinke with the Nemaha Valley Community Hospital says there will be more than 30 booths representing vendors or services offered at the hospital plus more for all ages...(play audio) Zinke says there will also be a pair of presentations on Alzheimer's disease and Dementia...(continue audio)

The presentations will be from 8:15 to 9 a.m. and from 10 to 10:45 a.m.

The theme of this year's health fair is "Pump Up...Jump Up—Get Healthy!"