

It's Melon Season

**Summer and fresh, juicy melons are a perfect match. Whether you grow them or buy from somewhere else, handling and prepping them safely at home is important.**

**It is easy to forget that melons grow on the ground. They are exposed to pests and microorganisms from the soil. Here are some tips to safely prepare your melon.**

**Select a melon with no imperfections. Damage to rinds can cause mold growth or other bacteria to travel to the inside of the melon.**

**Before cutting the melon, wash your hands. Be sure equipment and utensils are clean and sanitized, including your sink.**

**Place the melon under running water and scrub the outside rind with a produce brush.**

**Cut the melon and rinse the pieces as you go. Serve immediately. Store any cut melon leftovers in the refrigerator**