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K-State Aging Program

K-State Research and Extension will bring their program "Keys to Embracing Aging" to the Atchison Public Library on Wednesday, November 15th from 10:00 to 11:15AM. Please call to register by November 10th as space is limited, 913-833-5450.

This is an educational, free, and fun-filled morning about the acceptance of aging being a positive, joyful, and exciting experience. Today's elders share their knowledge and wisdom to help us better engineer a positive approach to the aging process.