Nebraska Agencies Seeking People for Respite Training OMAHA, Neb. (AP) - Nebraska agencies are seeking people for respite care training.

The Munroe-Meyer Institute at the University of Nebraska Medical Center and the Nebraska Health and Human Services Department says people must be 14 or older to attend the eight-hour training sessions.

Respite care can be as simple as spending time with family members, helping with medical care or going shopping.

To become a respite provider, to find out if you qualify for services or to find a respite caregiver in your area, call 1-866-RESPITE or go to https: nrrs.ne.gov/respitesearch.

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