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### Youth Suicide Is A Preventable Problem

(KAIR)--We have heard far too many stories recently of young men and women ending their life at far too young of an age.

Safe Schools Healthy Student Director for USD 377 Joshua Snyder says that the age of someone very often has a lot to do with why they choose to commit suicide. He says that the highest suicide rate is among people between the mid teen to thirties range because people in that age bracket have not formalized their decision thinking skills. What this means is that they can be more impulsive, and more likely to end their life without fully thinking what consequences that choice may have.

Snyder also says there are other variables that can contribute to the alarming rate of youth suicides such as family history, which can cause a copycat like behavior, as well as other social factors such as bullying.

Snyder further explains that if someone is contemplating suicide, that they should reach out immediately to someone that will listen to them. He says that any local emergency room will be available, and many law enforcement agencies will be happy to come out and transport someone to whatever help they need.

Many Signals Communications