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Kansas City "Eat Local and Organic Food Expo

**KANSAS CITY "EAT LOCAL & ORGANIC FOOD EXPO", 14th ANNUAL**

VENUE #ONE

**Saturday, 30 March 2013**, 9:00am-2:00pm - FREE

Shawnee Civic Centre, Phlumm & Johnson Dr, Shawnee KS

VENUE #TWO

**Saturday, 6 April 2013**, 9:30am-2:30pm - FREE

Penn Valley Community College gymnasium, 3200 Broadway Street, Kansas City MO  
(courtesy Brandi Schoen, K.C. Food Circle)

There will be local growers of organic and free range produce selling their wares, including garden plant starts, as well as free organic gardening information and free 2013 Producers Directory. This year's workshops are "Real Food Your Kids Will Love" from 10:00 to 11:00; and "Small Scale Aquaponics" from 11:30 to 12:30.

Both Food Expos are free admission with free parking and free music. More information on the KC Food Circle and the two food expositions can be found at [Kansas City Eat Local Food Expo](#) or email Craig Volland at <[hartwood2@kc.rr.com](mailto:hartwood2@kc.rr.com)>.